mealsnmore
HEALTHY VENDCAFÉ

THE HEALTHY GREEN SPOON
FRESH & WHOLESOME

Veg Healthy Salad

Caesar Salad

A Green Salad of Romaine with a highly seasoned dressing of pounded Olive Oil, Lemon Juice, Parmesan Cheese and garnished with Croutons.

Garden Salad

A type of Salad tossed with Lettuce and garnished with Radish & Bell Pepper.

Greek Salad

A traditional Greek salad consists of sliced Cucumber, Tomato, Green Bell Pepper, Red Onion, Olives and Feta Cheese.

mealsnmore
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THE HEALTHY GREEN SPOON
FRESH & WHOLESOME

Veg Healthy Salad

Fattoush Salad

Fried Bread Salad that typically includes Lettuce, Tomato, Cucumber, Radish and fried pieces of Pita Bread.

Tabbouleh Salad

A Salad of Arab origin which includes Tomato and finely chopped Parsley and Mint. Also includes Onion and Garlic, seasoned with Olive Oil, Lemon Juice and Salt.

Three Bean Salad

A Salad made with mix of Kidney Beans, Chickpeas and Whitebeans. Also its mixed with Herbs and chopped Parsley and garnished with Mint Leaves.

mealsnmore
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Veg Healthy Salad

Summer Greek Quinoa Salad

A traditional Greek salad consists of sliced Cucumber, Tomato, Green Bell Pepper, Red Onion, Olives and Feta Cheese mixed with Quinoa.

Grilled Halloumi Salad with Pomegranate and Olive Oil

A salad consists of Cube Cucumber, Bell Pepper, Lettuce and Holloumi Cheese garnish with Samak powder.

mealsnmore
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Executive Healthy Salad

Grilled Chicken Salad

Type of a salad made with Romainan Lettuce, Cucumber, Bell Pepper, Olives and topped with juicy Grilled Chicken and serve with Pomegranate dressing.

Barbeque Chicken Salad

Type of a salad made with Romainan Lettuce, Cucumber, Bell Pepper , Olives and topped with juicy Grilled Chicken in Barbecue Sauce and served with Pomegranate dressing.

Chicken Caesar Salad

A Green salad of Romaine with a highly seasoned dressing of pounded Olive Oil, Lemon Juice and Parmesan Cheese, garnished with Croutons and Grilled Chicken.

mealsnmore
HEALTHY VENDCAFÉ

THE HEALTHY GREEN SPOON
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Executive Healthy Salad

Grilled Chicken Avocado Salad

It's made with chopped Lettuce, Cucumber, Red Onion, sliced Avocado topped with Grilled Chicken with an easy Pomegranate dressing.

Grilled Chicken Salad with Strawberry

It's made with chopped Lettuce, Cucumber, Red Onion, Sliced Strawberry , topped with Grilled Chicken with an easy Pomegranate dressing

Garden Salad with Grilled Chicken

A type of salad tossed with Lettuce and garnished with Radish, Bell Pepper and topped with Grilled chicken and salad Dressing

mealsnmore
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Executive Healthy Salad

Grilled Chicken with Mashed Potato and Summer Veg

Grilled Chicken served along with the boiled Legumes and mashed Potatoes with Sauce. Also includes sliced Cucumber, Tomato, Green Bell Pepper, Red Onion, Olives

Mexican Chicken Salad

Typical salad made with Tomato, Carrot, Beans, Corn and dressed with Lemon Oilve Oil and topped with Grilled Chicken.

Shrimp and Mango Salad

Fresh Salad made with Lettuce, Cucumber, Red Cabbage and served with Shrimps and Mango slices garnished with Sesame Seeds and Salad dressing.

mealsnmore
HEALTHY VENDCAFÉ

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Executive Healthy Salad

Salmon Nicoise Salad

Salad prepared using Lettuce, Grilled Salmon and roasted Potatoes.

Roasted Beef with Mashed Potato & Summer Veg

Roasted Beef served along with the boiled Legumes and mashed Potatoes with Sauce.

mealsnmore
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Healthy Pasta

Pasta with Chicken & Pink Sauce

Choice of Pasta served with the aromatic Pink sauce made of Tomato and mixed with Herbs and Cream, topped with Chicken and Cheese.

Chicken Alfredo Pasta

Pasta Served with White Sauce and topped with Cheese and Grilled Chicken

Creamy Mushroom Chicken Pasta

Creamy White Sauce made of Mushroom, served with Grilled Chicken and topped with Parmesan Cheese.

mealsnmore
HEALTHY VENDCAFÉ

THE HEALTHY GREEN SPOON
FRESH & WHOLESOME

Sandwich & Wraps

Chicken Sandwich

Preparation of chef choice of simple Sandwich conisists of minced Chicken and Lettuce, Tomato, Cucumber ,with rich tangy Mayonnaise covered with Brown Bread

Fried Chicken Sandwich

Simple Sandwich conisists of Fried chicken and Lettuce, Tomato, Cucumber with rich tangy Mayonnaise covered with Brown Bread.

Grilled Chicken Sandwich

Typical Sandwich conisists of slices of Chicken and Lettuce, Tomato, Cucumber with rich tangy Mayonnaise covered with Brown Bread.

mealsnmore
HEALTHY VENDCAFÉ

THE HEALTHY GREEN SPOON
FRESH & WHOLESOME

Sandwich & Wraps

Egg Sandwich

Simple Sandwich conisists of pan fried Egg and Lettuce, Tomato, Cucumber with rich tangy Mayonnaise covered with Brown Bread.

Veg Sandwich

Simple Sandwich conisists of Potato Preparation and Lettuce, Tomato, Cucumber, with Spicy Mint Chutney with Brown Bread.

Cheese Grilled Sandwich

Simple Sandwich conisists of Cheese and Lettuce, Tomato, Cucumber with rich tangy Mayonnaise covered with Brown Bread and prepared using Griller.

mealsnmore
HEALTHY VENDCAFÉ

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Healthy Fruit Bowl

Mix Berries

Includes Strawberry, Blueberry and Raspberry

Mix Fruits

Includes Kiwi, Pineapple, Green Grape, Black Grape, strawberry,Raspberry and Blueberry

Pineapple

Includes Pineapple

mealsnmore
HEALTHY VENDCAFÉ

THE HEALTHY GREEN SPOON
FRESH & WHOLESOME

Healthy Fruit Bowl

Watermelon

Includes Fresh Watermelon

Mango

Includes Fresh Mango